



Discount Dental Care Program

As a member of the CMC Total-Care Plan, you may take advantage of savings offered by an industry leader in dental care. Careington International Corporation is one of the most recognized professional dental networks in the nation and boasts a provider network of over 62,000 participating dentist.

- Average annual savings of \$1,200 per family on dental work
- Over 62,000 providers nationwide
- Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as dentures, root canals, and crowns
- Orthodontics included for both children and adults at a 20% savings
- Cosmetic dentistry such as bonding and veneers also included
- All specialties included-Endodontics, Oral Surgery, Orthodontics, Pediatric Dentistry, Periodontics, and Prosthodontics– a 20% reduction on normal fees where available
- All dentist must meet highly selective credentialing standards based on education, background, license standing and other requirements
- Members may visit any participating dentist on the plan and change providers at any time

SAMPLE SAVINGS CHART

Code	Procedure	Plan Cost	Retail Cost	% Savings
D0120	<i>Periodic Oral Evaluation</i>	\$23	\$49	53%
D0274	<i>Bitewings-Four Films</i>	\$29	\$63	54%
D1110	<i>Prophylaxis-Adult (light Cleaning)</i>	\$45	\$91	51%
D1120	<i>Prophylaxis-Child</i>	\$32	\$67	52%
D2160	<i>Amalgam-Three Surface, Primary or Permanent</i>	\$95	\$210	55%
D2750	<i>Crown-Porcelain Fused to High Noble Metal</i>	\$577	\$1,070	46%
D3330	<i>Root Canal-Molar (Excluding Final Restoration)</i>	\$558	\$1,000	44%
D4341	<i>Periodontal Scaling and Root Planing</i>	\$119	\$248	52%
D7140	<i>Extraction-Erupted Tooth or Exposed Root</i>	\$74	\$167	56%
D8080	<i>Comprehensive Orthodontic Treatment of the Adolescent Dentition</i>	20% Discount	\$5,581	20%

This chart reflects a sample savings and actual retail pricing will vary by location.

These fees represent the CI-5 fee schedule. Normal cost is based on the 80th percentile of the National Dental Advisory Service Comprehensive Fee Report for 2008. Prices subject to change.

How To Access Your Discounts

ACCESS YOUR DISCOUNTS IN THREE EASY STEPS

Step 1: To locate a participating provider, call OptiMed Customer Service toll free at 1-800-482-8770 or visit our website at www.careington.com to access the online provider search.

Step 2: You must show your membership card at the time of visit to receive your discount.

Step 3: You are responsible for the total bill, less the applicable savings, at the time services are rendered.

Members pay 100% of the discounted price

(Note: This is not an insurance benefit)